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Progress Plus is an economic development foundation of the River Heights Chamber of Commerce. The organization is a partnership of the cities of Inver Grove Heights, South St. Paul, River Heights Chamber of Commerce officers, real estate professionals and business leaders in the community.

Progress Plus is a free service for any and all businesses looking to locate or expand in the Dakota County cities of Inver Grove Heights and South St. Paul.

If you are looking at expanding your business or relocating to the River Heights region, call us at:  
**(651) 451-2266**

Progress Plus is a partnership of City of Inver Grove Heights & South St. Paul

Visit us at [www.progressplus.org](http://www.progressplus.org)

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*River Heights Chamber of Commerce*  
Est. 1903

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5782 Blackshire Path • Inver Grove Heights, MN 55076

**COMMUNITY IS THE KEY**

Centrally located in the Twin Cities Metro Area, getting to Inver Grove Heights and South St. Paul is simple by air and by highway. The River Heights region is conveniently located off of Interstate 494 and Highway 52, and within minutes of the Minneapolis-St. Paul International Airport. In addition, the South St. Paul Airport is right in our own backyard at Fleming Field, convenient for your smaller charter flights. Our proximity to the Wakota Bridge on I-494 also gives businesses, visitors and residents quick and easy access to the entire River Heights area.

Both communities are located along the Mighty Mississippi River. Approximately 34,000 residents call the beautiful rolling hills and wooded terrain of Inver Grove Heights home. While South St. Paul is a place where small-town values inspire a close-knit community and offer many amenities to its more than 20,000 residents.

In Inver Grove Heights (a Star-City) and South St. Paul (an All-American City), our neighborhoods will welcome you with a small-town feel and a revitalized housing stock. Experience our rich ethnic heritage by joining one of our community celebrations - Kapsia Days or On the Road Again in South St. Paul and Inver Grove Heights Holiday on Main Street in Inver Grove Heights. Catch the enthusiasm of the sports teams at the Veterans Memorial Community Center, Wakota Ice Arena, or one of our many athletic fields and stadiums.

The Mississippi River Valley provides a beautiful natural setting and year-round recreational activities. The schools, parks, bike trails, community centers, athletic complexes and golf courses are among the Twin Cities best.

The 27-mile Mississippi River Regional Trail stretches through beautiful Kapsia Park in South St. Paul and along the Mississippi River in Inver Grove Heights down to Hastings. Residents walk, bike, and commute along the paved trail while enjoying the surrounding scenery and unique riverfront views. On your journey down the trail, make sure to check out the renewed Flock Island Swing Bridge - it used to be a double decker bridge first constructed in 1894 and served rail cars on the top and horse and buggy and eventually cars on the lower deck. In 2009, the City of Inver Grove Heights took ownership and had the bridge designed to a 670' pier by reusing parts of the original bridge. In addition, if you're looking to enjoy the

community's connection to the Mississippi River visit our public boat launch and fishing pier which offers easy access to this popular waterway.

With over 30 parks, hosting popular amenities such as two outdoor pools, athletic fields, picnic areas, an off-leash dog area, a skate park and a world-class disc golf course, you're bound to find something fun to do in town. If golf is your game, you won't be disappointed. Test your skills on Arbor Pointe Golf Club's executive 9-hole course or either the championship 18-hole or executive 9-hole course at Inver Wood Golf Course. Inver Wood's 27 holes sit on 275 acres of rolling, wooded terrain. The championship 18-hole course has features that utilize the area's natural geography, such as multi-level fairways, varied shaped U.S.G.A. greens and picturesque par three holes that challenge your golf game as well as your senses. If indoor fun is what you crave, visit the indoor waterpark, complete with leisure pool, two large water slides, lap pool and diving well, or add some layers and enjoy ice skating in the arena at Veterans Memorial Community Center. The Wakota Civic Arena also hosts two ice rinks, the largest of which seats 1,200 people. The arena is home to the South St. Paul Packers boys and girls hockey teams. The quality fitness and meeting facilities at the Central Square Community Center and Veterans Memorial Community Center make it a warm gathering place for friends and family or business leaders to come together.

Here in the River Heights community we know that choosing a location for building a business or raising a family is not a decision to be made lightly. So many factors to consider relate not only to the business climate, but also to community amenities and personal opportunities. Many have found the quality of life here in Inver Grove Heights and South St. Paul to be just what they are looking for. There is a supportive and progressive business community with city facilities and services that are second to none. The location and natural beauty can't be beat! That's a winning combination - to live, work and play.

From the unique and diverse history that the community grew from, to the values and quality of life that make it home to thousands today, the River Heights area is a great choice when looking for a home, a business opportunity or a place to spend some time exploring with your family.

For more information on community amenities or services, visit our cities websites at [www.invergroveheights.org](http://www.invergroveheights.org) or [www.southstpaul.org](http://www.southstpaul.org).

# RIVER HEIGHTS

## INVER GROVE HEIGHTS & SOUTH ST. PAUL • AREA MAP

The River Heights Chamber of Commerce is a:  

- Sales tool for its members and the community, unceasingly promoting their business, products and services
- Watchdog, protecting your interests, particularly in the political arena
- United voice that often proves effective and beneficial to businesses where a single voice can go unheard

The rewards of belonging to the River Heights Chamber of Commerce are full-time representation and year-round results. The River Heights Chamber of Commerce is committed to its mission "To Aggressively promote the interests of the business community through advocacy, partnerships, member services and networking."

**ADVOCACY**

We advocate for issues that impact local business. We are your voice! Two important aspects of membership are lobbying and representation. An integral part of our activity is ensuring that the views of the business community are articulated to elected officials. At the local level, we are the only business organization that truly represents and supports private sector interests. We do this by:

- Regular appearances at City Council and Economic Development Authority meetings
- Offering local legislative events
- Bringing businesses to the state Capitol to share their ideas
- Hosting monthly local issues meetings for community leaders
- Organizing a delegation for congressional visits in Washington DC
- Access to Minnesota Chamber Advocacy events

**PARTNERSHIPS & EFFECTIVE BUSINESS TEAMS**

The River Heights Chamber of Commerce works in partnership with other organizations to benefit the Inver Grove Heights, South St. Paul and surrounding communities. These partnerships help build a stronger, more effective small business team. Here are some of the organizations with whom we partner:

- City, County and State Governments
- Open to Business
- South St. Paul Future
- Dakota County Workforce Center
- Inver Hills Community College and DCTC
- Minnesota Chamber of Commerce
- Progress Plus
- Greater MSP
- US Chamber of Commerce

**MEMBER BENEFITS**

Members receive:

- Business Listing in the Chamber's annual printed and online South Metro Living Guide and business directory
- Listing in the Chamber's website online business directory
- A visit and photo from the Ambassador Committee
- Networking at monthly member events
- The opportunity to post hot deals, job postings or special announcements on the Chamber's website
- Educational seminars and mentoring opportunities
- US Chamber Federation discounts
- Use of the Chamber's conference room and professional equipment by appointment

**NETWORKING**

- Connect with other local successful business representatives at Chamber networking events
- Keep It Local For Lunch
- Business Card Exchanges
- CoffeeNets
- Annual Small Business Award Lunch and Tradeshow
- Annual Golf Classic
- Fall Fundraising Event
- Community Night with the St. Paul Saints
- Countywide Tradeshow
- Business Owners Roundtable and Workshops

**WHY JOIN?**

Belonging to the River Heights Chamber of Commerce can help position your company to increase your presence and help spread the word about your services and products. Your membership investment supports the Chamber's involvement in issues that affect the vitality of the community.

*River Heights Chamber of Commerce*  
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**BUILDING STRONGER COMMUNITIES**

Helping create opportunities for our local community to thrive through:

- Youth Development
- Healthy Living
- Social Responsibility

**YMCA IN WEST ST. PAUL**  
150 Thompson Ave. E. West St. Paul, MN 55118  
(P) 651 674 3432 | [weststpaulyymca.org](http://weststpaulyymca.org)

**Clarion**

Our hotel in South St. Paul, MN offers the best combination of cozy accommodations, friendly service and wonderful amenities all at affordable rates! In addition, this hotel offers professionally staffed banquet and meeting facilities, making it easy to host up to 380 guests at your next event. Book your event or reserve your room now at the Clarion Hotel - we look forward to hosting you soon!

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**INVER GROVE HEIGHTS**

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HOME OF:  

- INVER WOOD GOLF COURSE
- VETERANS MEMORIAL COMMUNITY CENTER INCLUDING "THE GROVE" AQUATICS/FITNESS CENTER

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Veterans Memorial Community Center  
8055 Barbara Ave. • Inver Grove Heights, MN  
[www.funatthegrove.com](http://www.funatthegrove.com) • 651.450.2480

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2 Arbor Pointe Liquors	L-8
3 Central Bank	D-8
4 Clarion Hotel & Conference Center	E-9
5 ComForCare Home Care	I-1
6 Commemorative Air Force	G-9
7 Drkula's Bowl	H-8
8 Drae's Pub	H-8
8 Durand & Associates	
Property Management, Inc. AMO	D-9
9 Edward Jones	D-9
10 Essential Therapeutic Bodywork	G-7
11 Flint Hills Resources	P-8
12 Fury Motors	F-9
13 Good Samaritan Society	E-6
14 Gramercy Park Cooperative	G-8
15 Grove Aquatic & Fitness Center, The	J-7
16 Inver Grove Heights Community Schools	J-8
17 Inver Grove Heights, City of	J-7
18 Joseph S. Kleckaty & Sons	
Southern Funeral Homes	D-8
19 Mahoney, Ulbrich, Christiansen, Russ, PA	Area
20 Minikahda Mini Storage	B-7
21 Progress Plus	G-7
22 Proutouch Painting Incorporated	D-9
23 Quality Auto Care Center	D-9
24 South St. Paul Public Schools	D-8
25 Timber Hills	
Presbyterian Homes & Services	H-8
26 VistaPrairie at River Heights	C-7
27 Wakota Federal Credit Union	D-8
28 Watrous Company	D-9
29 Woodlyn Heights Healthcare Center	G-6
30 YMCA in West St. Paul	C-5

